

COVENTRY ROAD PRACTICE NEWSLETTER - November 2023



Practice Website: www.coventryroadpractice.co.uk

On-line Access

From 31st October 2023 patients can have access to their full medical records on the NHS App or SystmOne. To gain access patients will need to present to the surgery with photo ID. This request will be sent to a Doctor for approval and a text message will be sent to confirm approval.

Primary Care Network (PCN)

Do you know what a primary care network? Coventry Road Surgery is part of North Solihull Primary Care Network.

See link for more information: <https://www.northsolihullpcn.co.uk/>

North Solihull Primary Care Network (PCN) consists of a group of 10 general practices in North Solihull who have agreed to work together to improve services for patients living in this area. We work alongside a range of local providers across primary care, community services, social care and the voluntary sector, to offer more personalised, coordinated health and social care to their local populations.

In addition, the PCN can recruit a more diverse skill mix into general practice through recruitment of roles such as pharmacists, first contact physiotherapists, social prescribers and physician associates.

North Solihull PCN is the largest single PCN in the Birmingham and Solihull area. We have 10 GP practices and 4 branch sites with a total population of 77,248.

Megan is our Clinical Pharmacist who supports patients and the surgery with the following:

She can help by:

- Reviewing your medicines.
- Agreeing and making changes to your prescriptions.
- Advising about medicines and possible side effects.

- Evaluating medication therapy and making appropriate recommendations to patients or health practitioners.
- Providing information and advice about the safe and effective use of your medicines.
- Recognizing untreated health conditions that could be managed with medicines.
- Advising patients about the best way to take medication.
- Assisting in direct care of patients.

Clinical Pharmacists are experts in medicines and can help people stay as well as possible. They can support those with long-term conditions like asthma, diabetes and high blood pressure, or anyone taking multiple medicines, to make sure their medication is working. Many Clinical Pharmacists can also prescribe medicines.

Measles

Measles cases are rising with over twice as many cases confirmed in the first half of 2023 compared to the previous year. We know that having the MMR vaccine is the best way to protect our communities. We encourage uptake of MMR vaccination status so that we can reduce the risk of outbreaks in England. Please arrange appointment with nurse if you or your children are not vaccinated against MMR.

Period Poverty Campaign

The Practice is supporting period poverty campaign. Patients are able to take free period products if there is significant need. We also accept donations of pads or tampons. For more information please ask reception staff.

NHS Health checks

It is important that patients have access to NHS Health Checks to identify and reduce the risk of cardiovascular disease and diabetes. If you are between 40-74 years of age, do not have any pre-existing conditions do not take regular medication you are eligible. This will include questions, measurements and tests. The tests will be performed at Chelmsley Wood Hub.

Tea Party

Here at Coventry Road Practice we hold a 'tea party' fortnightly aimed at older adults. If you would like to meet new people and have a cup of tea and some cake, please contact reception for more details.

Facebook

As you may be aware the Practice uses Facebook to promote services and it includes useful information regarding healthcare.

If you have any thoughts the Practice would be grateful for your input. You can follow us on:

<https://www.facebook.com/coventryrdpractice/>

Flu/Covid vaccination reminder

Please contact the Practice to book your flu/covid vaccination.